

Momentary Time Sample Recording Sheet

Record only at the end of the interval if the student is engaged in the problem behavior

Date: 12/8/17 Target Behavior: Out of seat

Student: _____ Interval: 5 seconds 10 seconds **30 seconds** other: _____

Interval	Target Behavior	Off Task Behaviors: Optional					
		Self Involved	Aggression	Call outs	Out of seat	Inappropriate social contact	Other
1.	+						
2.	-						
3.	-						
5.	-						
6.	-						
7.	-						
8.	+						
9.	-						
10.	-						
11.							
12.							
13.							
14.							
15.							
16.							
17.							
18.							
19.							
20.							
21.							
22.							
23.							
24.							
25.							
26.							
27.							
28.							
29.							
30.							
Total	2/10x100=20%						
	Occurrences = _____ Total intervals = _____			X 100 = _____ % Occurrence of target behavior			